



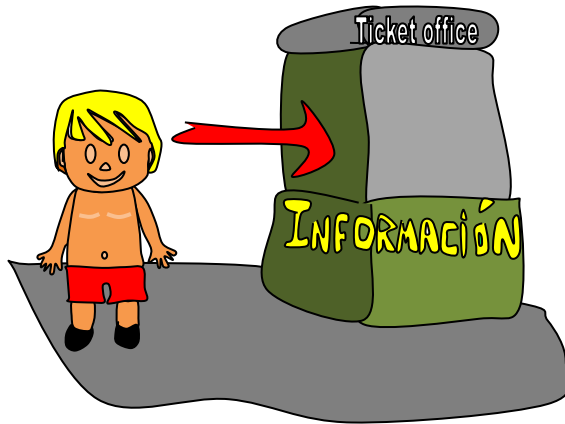
ACCIDENT PREVENTION CAMPAIGN AT SWIMMING POOLS



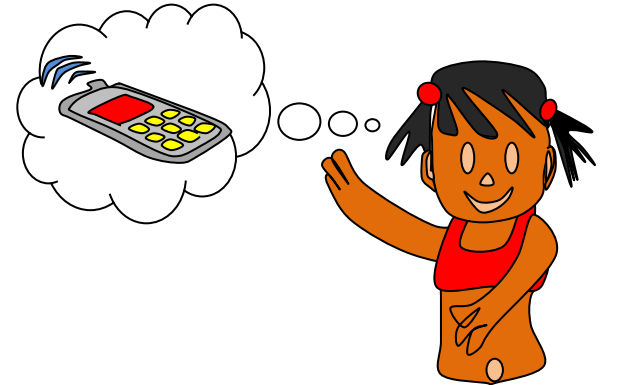
1.- I bring protective items to the swimming pool



2.- I read the rules carefully



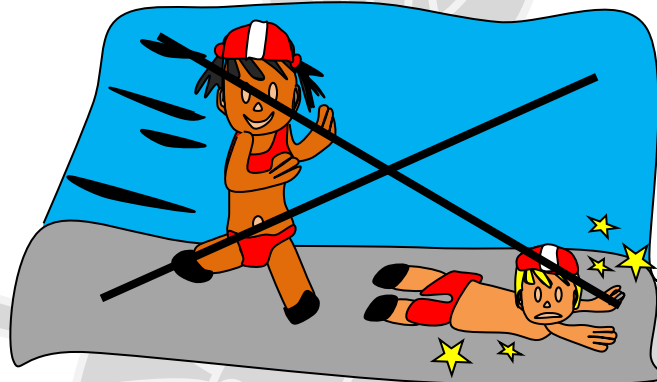
3.- I remember the telephone number of a family member



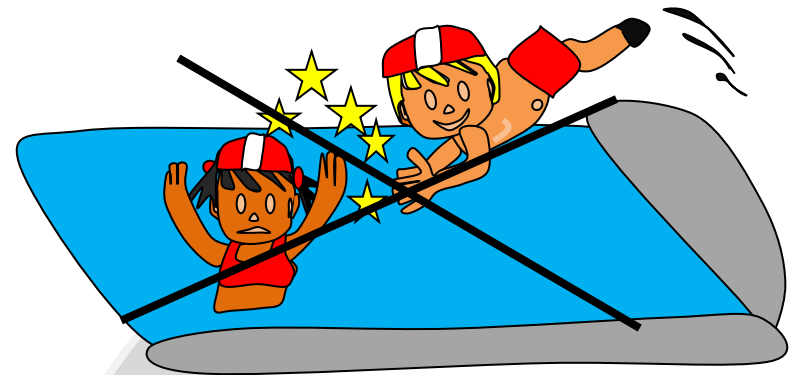
4.- I shower before and after swimming



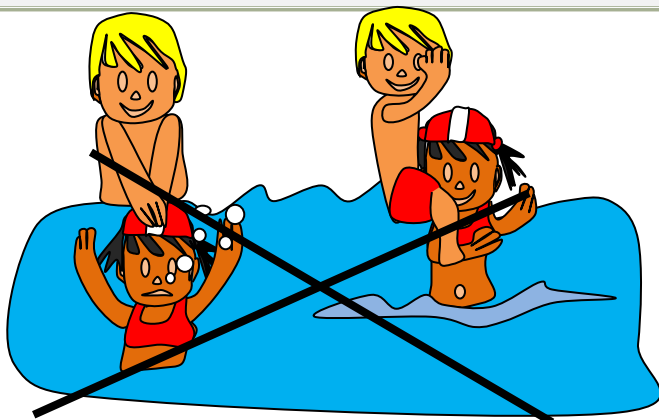
5.- I do not run along the edge of the pool



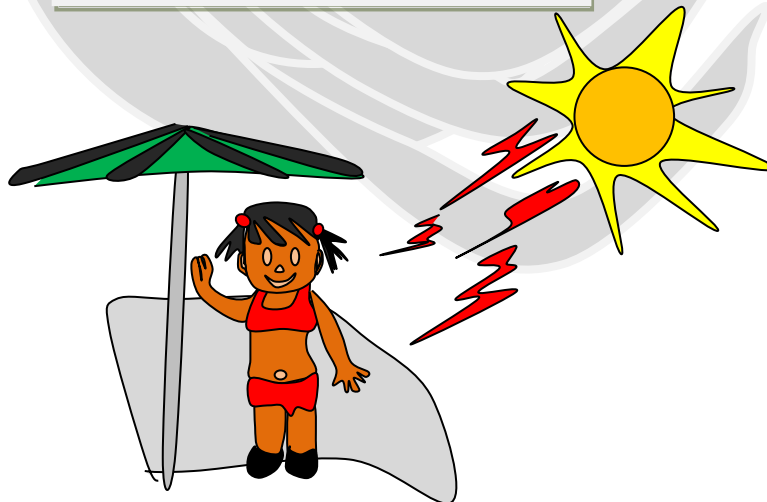
6.- I ALWAYS look before jumping into the water



7.- I do not push others or play dangerous games



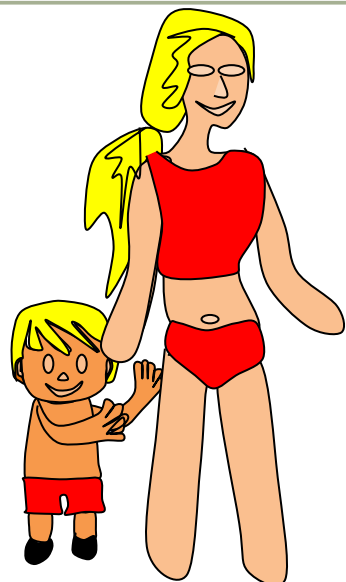
8.- The sun is dangerous. I protect myself in the shade



9.- I don't exercise after eating



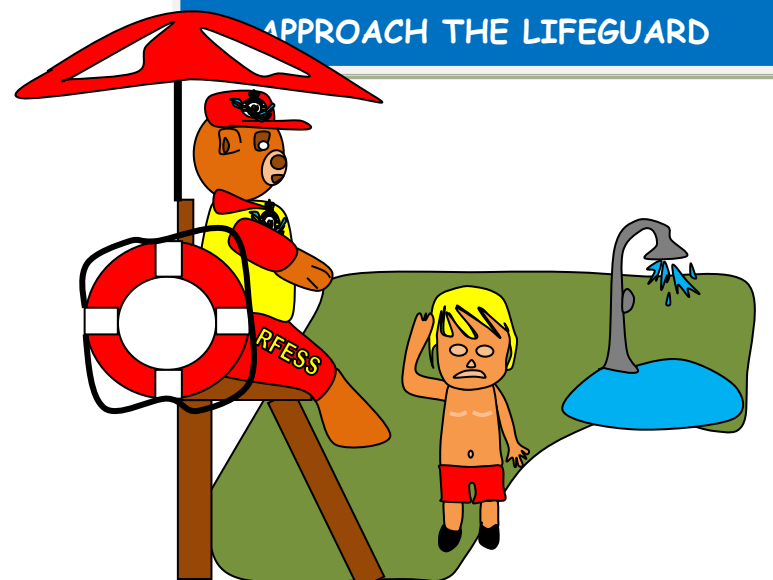
10.- I will ALWAYS be supervised by an adult



11.- I DO NOT use armbands or rubber rings without supervision, nor if it is not permitted.



12.- IF I HAVE ANY QUESTIONS/QUERIES OR DANGEROUS SITUATIONS, I APPROACH THE LIFEGUARD



#StopAhogados



AYUNTAMIENTO DE
Móstoles
CONCEJALÍA DE DEPORTES